If you are bullied:

You could:

* Ask them to STOP if you can
* Use eye contact and tell them to go away
* Ignore them
* Walk away
* Don’t be a bystander

But always:

* TELL SOMEONE

DON’T:

* Do what they say
* Hit them
* Think it’s your fault
* Hide it

**What should I do if I see someone is being bullied?**

* Don’t walk away and ignore the bullying
* Tell the bully to stop if it is safe to do so
* Don’t stay silent or the bullying will keep happening
* Tell an adult what you have seen

**All the staff will work together to:**

* Make our school a place where everyone can feel safe and happy. That means no bullying allowed
* We will help everyone to get on with each other and we believe thateveryone has the right to be who they a



Studfall Junior, Infant & Nursery Academy

Child Friendly Anti-Bullying Policy

**What is Bullying?**

In our school a bully is someone who hurts someone several times, by using behaviour which is meant to hurt, frighten or upset another person.

**Bullying can be……**

**Emotional:** Hurting people’s feelings, leaving you out.

**Physical:** Punching, kicking, spitting hitting, pushing.

**Verbal:** Being teased, name calling.

**Racist:** Calling you racist names.

**Cyber:** saying unkind things by text, e-mail and social networking.

**When is it bullying?**

Several Start

Times Telling

On Other

Purpose People

At Studfall we promise to always do something about bullying

**Who can I tell?**

A Friend Mum/Dad

Teachers Learning Mentors

Lunchtime helpers

Any grown-ups that work in school

Child Line: 0800 11 11

**MOST IMPORTANTLY:-**

If you are being bullied:

Start Telling Other People