



Studfall Junior, Infant & Nursery Academy

Child friendly anti-bullying guidance

All the staff will work together to:

- *Make our school a place where everyone can feel safe and happy. That means no bullying allowed*
- *We will help everyone to get on with each other and we believe that everyone has the right to be who they are*

What should I do if I see someone is being bullied?

- Don't walk away and ignore the bullying
- Tell the bully to stop if it is safe to do so

- Don't stay silent or the bullying will keep happening
- Tell an adult what you have seen

What is Bullying?

In our school a bully is someone who hurts someone several times, by using behaviour which is meant to hurt, frighten or upset another person.

- **Bullying can be.....**
- **Emotional:** Hurting people's feelings, leaving you out.
- **Physical:** Punching, kicking, spitting hitting, pushing.
- **Verbal:** Being teased, name calling.
- **Racist:** Calling you racist names.
- **Cyber:** saying unkind things by text, e-mail and social networking.



If you are bullied:

You could:

- Ask them to STOP if you can
- Use eye contact and tell them to go away
- Ignore them
- Walk away
- Don't be a bystander

But always:

- TELL SOMEONE



DON'T:

- Do what they say
- Hit them
- Think it's your fault
- Hide it

When is it bullying?

Several	Start
Times	Telling
On	Other
Purpose	People

At Studfall we promise to always do something about bullying

Who can I tell?

A Friend Mum/Dad

Teachers

Lunchtime helpers

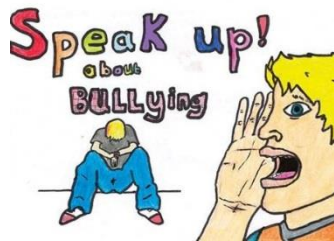


Learning Mentors

Any grown ups that work in school

Child Line: 0800 11 11

MOST IMPORTANTLY:-If you are being bullied:



Start Telling Other People