

Year/Half-termly unit titles	1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing
EYFS	• What makes me special • People close to me • Getting help	• Similarities & difference • Celebrating difference • Showing kindness	• Keeping my body safe • Safe secrets & touches • People who help to keep us safe	• Looking after things: friends, environment, money	• Keeping my body healthy – food, exercise, sleep • Growth Mindset	• Cycles • Life stages • Girls & boys – similarities & difference
Y1	• Feelings • Getting help • Classroom rules • Special people • Being a good friend	• Recognising, valuing & celebrating difference • Developing respect & accepting others • Bullying & getting help	• How our feelings can keep us safe – inc. online safety • Safe & unsafe touches • Medicine Safety • Sleep	• Taking care of things: • Myself • My money • My environment	• Growth Mindset • Healthy eating • Hygiene & health • Cooperation	• Getting help • Becoming independent • My body parts • Taking care of self & others
Y2	• Bullying & teasing • Our school rules about bullying • Being a good friend • Feelings/self-regulation	• Being kind & helping others • Celebrating difference • People who help us • Listening Skills	• Safe & unsafe secrets • Appropriate touch • Medicine safety	• Cooperation • Self-regulation • Online safety • Looking after money – saving & spending	• Growth Mindset • Looking after my body • Hygiene & health • Exercise & sleep	• Life cycles • Dealing with loss • Being supportive • Growing & changing • Privacy